



Let's Get Started...

Becoming a U.S. Collegiate Athlete

SUMMARY

- ☐ **NCAA:** National Collegiate Athletic Association
Division I, Division II, and Division III
Eligibility Center at eligibilitycenter.org
- ☐ **NAIA:** National Association of Intercollegiate Athletics
Eligibility Center at PlayNAIA.org
- ☐ **NJCAA:** National Junior College Athletic Association
Eligibility Center at eligibilitycorner.njcaa.org
- ☐ Ensure that you are ethical and honest in all of your behaviors
- ☐ Contact an EducationUSA Canada Advisor with questions during your decision process
- ☐ Consult EducationUSA Canada's *Let's Get Started... Applying for Undergraduate Study*
In addition to the recruiting process, you must apply for international admissions
Coaches do not do this for you
- ☐ Scholarship awards policy depends on the athletic association. Know your [financial expectations](#).

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GRADES 9 & 10

- ☐ Create a resume that includes [academic](#) and [athletic](#) information
- ☐ Create a highlight video lasting 5 to 8 minutes showing your technical skills and team performance
- ☐ Build an online presence by creating an online player profile
Scan newspaper mentions, list championship titles, and upload a highlight video
- ☐ Ensure you are on track to meet athletic association eligibility guidelines
- ☐ Compile a list of 5 to 10 potential universities and colleges
- ☐ Research association rules and regulations for potential association(s)
 - What are the age requirements?
 - Do you qualify as an amateur?
 - What are the GPA requirements?
- ☐ Research schools in the United States
 - Call, email, send letters, or text the coach/school
 - Send your resume or transcript to coach/school
 - Schedule an unofficial visit
- ☐ College coaches may contact you
 - Receive materials about camps and general educational information
 - Complete an athletic questionnaire

Coaches have rules too!

Be familiar with what appropriate behavior should be, and contact an eligibility center if you have questions.



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GRADE 11

- ☐ Obtain a valid passport
- ☐ Ensure you are on track to meet athletic association eligibility guidelines
- ☐ Ensure you are on track to meet admissions criteria of potential schools
- ☐ Research schools and teams in the United States
 - Call, email, send letters, or text the coach/school
 - Send your resume or transcript to coach/school
 - Schedule an unofficial visit
- ☐ College coaches may contact you
 - Receive letters, emails, and faxes from coach
 - Correspond via social media
- ☐ Register and take the [SAT](#) and/or [ACT](#)
 - Check schools' admissions requirements
 - Submit test results to schools of interest and to eligibility center
 - You may not schedule an official visit until you have received your SAT or ACT results
- ☐ Research how to fund your education
- ☐ Update your online player profile often to include statistics, highlights, photos, and videos

Know your sport!

The rules and deadlines are different for each specific sport.

GRADE 12

- ☐ Complete and monitor your online player profile
- ☐ College coaches may contact you
- ☐ Schedule and attend official visits to your top choice schools
- ☐ After receiving acceptance letters, determine which university or college best fits your needs
 - Consider your academic, athletic, and financial needs
 - Pass the "Broken Leg Test"
 - Would you attend this school even if you weren't playing sports?
 - Can you afford this school without a scholarship?

SCHOOL DECIDED

- ☐ Sign a [National Letter of Intent](#) (NLI)
- ☐ Submit your final transcript to your chosen school after graduation
- ☐ Contact your coach for a summer workout plan and get ready to move to the United States